Janet T. Mills Governor

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## Instructions for Collecting and Submitting Suspected Monkeypox Samples to HETL

- 1. Collect samples for HETL
  - HETL can accept the following specimen types for monkeypox testing:
    - Vesicle fluid, skin, crust, "roof"
    - Swab of lesion
  - Collect two (2) swabs from a maximum three (3) separate specimen sites for a total of six (6) swabs submitted to HETL
    - Specimen collection
      - Collect swabs of lesions, vesicles, or fluid only
      - Collect specimens from three (3) separate sites (lesions, vesicles, or fluid)
      - Collect two (2) swabs from each specimen site
      - Swabs used for SARS-CoV-2 PCR are acceptable
      - DO NOT use swabs with wooden shafts
      - DO NOT use swabs with calcium alginate or cotton tips
    - o Specimen container
      - For each specimen site, place the two (2) swabs into <u>a single</u> sterile specimen container
        - Once you swab a specimen site, the two (2) swabs must be placed into a <u>DRY</u> specimen container that contains <u>NO FLUID</u>. After collecting the specimens, the swabs <u>must stay dry</u>. Do not use transport media.
      - Note: You will have three (3) specimen containers each containing two (2) swabs for a total of six (6) swabs
    - Each specimen container needs a unique requisition form (there will be a total of three (3) forms)
- 2. Label samples
  - Each sample tube/sample container must be labeled with:
    - Patient Name
    - Date of Birth
    - Sample Source (lesion, skin, crust, etc.)
    - Collection Location of Specimen (Body Site)
    - Date of Collection
    - Label Samples #1-3
- 3. Storage and Shipping Information
  - Refrigerate samples at 2-8°C within one (1) hour of collection
  - Ship samples at 2-8°C

- 4. Complete the HETL Orthopox Specimen Submission Form:
  - <u>https://www.maine.gov/dhhs/mecdc/public-health-systems/health-and-environmental-testing/micro/documents/Orthopox%20Specimen%20Submission%20Form.pdf</u>
    - For questions about the Orthopox Specimen Submission Form, call 1-800-821-5821
  - A separate form must be filled out for <u>each specimen collection site.</u>
    - You will submit three (3) requisition forms; one for each specimen container
  - For more information: <u>https://www.maine.gov/dhhs/mecdc/public-health-systems/health-and-environmental-testing/micro/documents/Detection%20of%20Monkeypox%20via%20Real-Time%20PCR%20using%20LRN-B%20methodology%20LSIS.pdf?v2
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